

APPENDIX A:

DESTINY HAVEN PROGRAM RULES

1. At the time of admission, staff members, in conjunction with the client, will **inspect** the client's belongings and valuables and complete the **Property/Valuables Form**. **PLEASE NOTE THAT YOU WILL ONLY BE PERMITTED TO BRING ONE SUITCASE AND A FLIGHT SIZED CARRY ON BAG TO DESTINY HAVEN. SHOULD YOU ARRIVE WITH MORE THAN THIS, YOU WILL BE REQUIRED AT YOUR COST TO HAVE IT DELIVERED BY POST ELSEWHERE**
2. After induction clients are required to shower and all personal effects will be searched. This will be carried out with dignity and respect only by senior female staff but **is a requirement of admittance**
3. Clients are not permitted to have mobile phones at all during their stay in the program (except when they have earned a day out after three months, and weekend leave at 4 months. Only on your day off or weekend off are you permitted to have your mobile. On return, it must be handed back to the office)
4. No visitors are permitted in the first month of the program
5. One phone call can be made to /or received by family member or friend after the first week and once a week after this during the first **CALENDAR** month (any variation to this rule would take extreme circumstances). Family can enquire after clients during that time and send messages via phone calls with staff or letters and emails, but will not be permitted to speak to the client except once a week until the calendar month is completed
6. After one calendar month visitors may visit on Saturday afternoons by prior arrangement, but only from 2.00pm-7.30pm
7. After the first calendar month one phone call can be received or made each day. However, phone calls out may only be made twice a week by the client. Phone calls may be received during off duty hours (weekdays 5pm-6:15pm, 7:45pm-8:15pm, Saturdays 2pm-5:45pm, 7pm-8:15pm, and Sundays 2pm-8:15pm) under the discretion of the Destiny Haven Management (maximum of one 15-minute phone call in or out per day). Phone calls out can only be made until 8pm
8. The facility is to be secured (alarms are set) at 9.00pm and will not be unsecured until 6.30am Monday-Friday. Weekends vary. Clients are required to be in their rooms by 9.30pm and have lights out by 10.30pm in consideration of the other clients
9. Random urine tests may be conducted throughout your stay and must be complied with. Failure to agree could mean immediate dismissal from the program
10. Clients are expected to respect the property of others. Any incidents of theft will be reported to the police and incur immediate discharge. Breakages and damage to any property including linen must be paid for
11. Clients are reminded that illegal weapons and/or use of illegal drugs will not be permitted in the facility and will result in immediate discharge. NB: All medication will be dispensed by staff using Webster packs made up by the chemist every fortnight (at cost to yourself)
12. All clients are to respect the rights of other clients and staff
13. Foul language is not permitted at Destiny Haven. Swearing at a staff member or another client will incur discipline. Repeat offences could incur discharge
14. Cleanliness and personal hygiene is essential. Failure to comply with the following will not be tolerated. Discipline will incur if not adhered to. As you are sharing a room, personal cleanliness is essential. It is a requirement that **All** clients are to shower daily, clean their teeth and dress appropriately. No revealing attire is acceptable (this includes but is not limited to boob-tubes, shorts above mid-thigh, tops that show mid-riff or low cleavage, spaghetti straps). Meal time dress is to be



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EMPOWERING WOMEN TO SHINE

appropriate (e.g. no pyjamas, swimmers, revealing clothing). To clarify, it is not acceptable to wear tight fitting mini dresses above mid-thigh or clothing that exposes the body inappropriately. There are volunteer men on-site regularly and when we attend church and events, we are representing Destiny Haven. Staff will assess as necessary and inappropriate clothing will be stored until your departure

15. Washing twice a week is compulsory. There is no exception. It is a requirement that your sheets and towels are washed at least weekly. Mattress protectors and pillow protectors **MUST** be washed monthly, and a staff member will remind you of the scheduling of this. Washing machines are **NOT** to be started **before 9am on a Saturday, and after 8:30pm every night**
16. Any belongings left behind when a client leaves the program will be disposed of to charity if not collected **within 14 days** or if arrangements have not been made to pick up close to this time frame
17. Clients are liable to be discharged under the discretion of management for any of the following: Possession of illegal drugs or alcohol, verbal abuse, receiving unauthorised visitors, sexual misconduct – consensual or otherwise, self harm, purging after meals, continuing in behaviour that has previously incurred discipline
18. Clients are to participate in all activities including devotions and groups (including any set homework). Leisure time will be restricted if other components of the program have not been completed (e.g. homework, journals). Group homework must be completed by Sunday evening
19. Destiny Haven is a non-smoking facility and any client found smoking whilst in the program (even on weekends off) will be discharged
20. Clients are not permitted to have ANY interaction via ANY social media with any Destiny Haven affiliates (including clients, staff, volunteers, families of other clients). Contact with other Destiny Haven clients during weekends off or Christmas break is strictly prohibited including phone contact with other clients