



JANINE'S REFLECTIONS

AN UPDATE FROM OUR CEO

The things we believe about ourselves impact the way we live. Throughout our lives we pick up beliefs through things spoken to us, about us, over us, and also through the things we tell ourselves. Most of these comments are not even believed consciously. The teacher that called us 'slow' or 'disruptive'; the parent that called us 'stupid', 'bad', 'clumsy'; words or names we pick up during an argument; all these become part of our internal narrative, stored away, seemingly buried.

The way we behave and live our lives is totally dictated by the subconscious narrative that continues inside our minds and our hearts. Every woman who finds her way to Destiny Haven has a lifetime of believing lies about themselves and unfortunately, all those beliefs have dictated to a large degree how they have lived their lives. Whatever I believe about myself will be projected and become self-fulfilling prophecies. If I believe I am stupid, I will never attempt to achieve. If I feel worthless, I will treat myself badly.

We have the incredible privilege of walking beside women to help them discover the truth of who they were created

to be: beautiful, significant, intelligent, immensely worthy of love, acceptance and respect, women of Destiny, Diamonds shining with unique brilliance impacting their worlds forever. I never take for granted the gift I have been given in life of sharing the journey with so many courageous and gorgeous women. I am forever grateful to God for His belief in us as a team to work and live in this place called Destiny Haven.

At this time we'd like to introduce to you a new logo and identity family that reflects this heart and vision we have for the women who find restoration at Destiny Haven. A vision for women who are shining with empowerment, full potential, and destiny. It is our prayer that under this mantle we will see the restoration of lives for years to come, and the flourishing of dreams for a healing ministry of significant possibility and value.



"I never take for granted the gift I have been given in life of sharing the journey with so many courageous and gorgeous women."

LATEST NEWS



A FAMILY RESTORED

These are the moments we live for. It's 2pm on a crisp July afternoon and Diamond graduate, Jodie, is waiting at the airport. It's been several years since Jodie lost her children as a result of her struggles with addiction, and over 14 months that Jodie has been living in a separate state, here at Destiny Haven. The journey has been long and arduous, but her hard work and commitment is about to pay off. It's only moments before the Melbourne plane will land, when Mason, 11, and Kashia, 9, will step onto the solid Northern ground to be permanently reunited with their mother, once and for all.

It's a couple of months down the track, and we're all settling into life at Destiny Haven. Of course, there's a lot of adjustments to be made and healing work to be done. But this picture of a family restored reminds us of everything we are here to do, and makes all the highs and lows all worthwhile. Jodie, we honour your journey thus far, and Mason and Kashia, you are absolute treasures. We love this very special addition to our Destiny Haven family and are so thankful for the privilege of walking alongside, doing the journey together.



BE CONFERENCE

This year Destiny Haven has been blown away by the generosity of Sharyn Swan and her entire Savvy Circles Network of direct sales entrepreneurs, through whom nearly \$5,000 was raised through fundraising and sales efforts! Destiny Haven CEO, Janine, addressed the audience at the October 2016 Be Conference, 'Flourish', and we were greatly touched by the generosity and enthusiasm of the wonderful men and women who were a part of this event. Thank you for helping Diamonds 'flourish'!

"I love nothing more than the thought that I could possibly help the Diamonds having experienced the benefits of the program here at Destiny myself." - Jodie



GIVING THANKS

- * For the numerous bus trips of interested groups who have visited Destiny Haven to find out more about our amazing organisation
- * For the new volunteers who have joined our ranks this year
- * For the women who have shared our lives even for a short time and those who have completed the program this year.

DIAMOND DIARIES

JESS'S STORY

I thought I would start by letting you get to know me a bit more about myself. I spent the majority of my life growing up in a beautiful local beach town. I am absolutely obsessed with anything Disney, summer and chocolate!

Growing up, one of the words I heard and learnt most often was perfect. I lived in perfect holiday destination, strived to have the perfect school, the perfect body. But most detrimental was my desire for the perfect family. My home was always filled with many different events, faces and occasions, and for each face, party, or occasion I learnt I had to wear a different mask. With each mask, I felt a part of me was lost, broken, forgotten and locked away in the hope that it would never be discovered. For as long as I could remember I thought that it was what everyone did - changing to fit, to please, or changing just to not be seen, to hide.

I am thankful for the masks that helped me to survive what was actually a far from perfect family and life, but I am more thankful that God bought me to a place where I couldn't keep up with the masks, by bringing me to the place I can now call home!

In February 2015 I entered Destiny Haven, not really knowing what was going to happen. I tried to make things look 'ok', eager to get back to my "perfect little world." But I am now very thankful that God's plans are so much greater than I could ever have imagined. Here at Destiny I found myself - the parts of me that I lost or tried to hide. I found the unconditional love of a family, the safety of a home, and the ability to take risks, knowing that I am not in this alone.

I look back at my journey at Destiny and cannot even put words to how grateful I am that the team never gave up on me and always believed for the best in me. And today they still today call and encourage me to live as the person God has designed me to be!

I am absolutely blown away that I get to be part of our Chocolate industry, with all of the blessing, training and doors that this has opened in my world! What does my future look like now? I have started a Diploma of Children, Youth & Family Intervention, I'm continuing to grow as a full time member of the team, and I know I have a future filled with unlimited possibilities, hope, wellness and grown...and chocolate!

I want to say thank you to YOU, yes you reading this - your support, prayers, time, and love makes my story possible!

Jess celebrated her completion of the Destiny Haven program in July 2016. We have been very blessed to have her stay on in a transitional stage, where she has become an invaluable part of our team.



SPOTLIGHT ON JULIA

Start date and current position with Destiny Haven:

February 2007, PA to Janine and Lewis

What I like best about being a part of Destiny Haven:

I love everything about Destiny Haven!!!!

Best job:

Getting to know the girls, answering the phone and who might be there, Bus trips and events.

Worst job:

Most things where I have to use new technology!!!!

Favourite place to live:

Downtown Brookfield

Personal motto:

Whatever my hands find to do, do it with joy.

I'm happiest when:

I'm happiest when I'm here.

I'm most proud of:

Destiny Haven and all that has been achieved in the past 10 years.



OUT & ABOUT

THE DIAMOND COLLECTION IN STROUD

If you're planning a day out in Stroud, don't forget to stop in at The Crepe Myrtle Tea & Coffee Rooms. This wonderfully renovated homestead located in Stroud, just a short trip North of Destiny Haven, is not to be missed. Amongst a delicious menu and eclectic range of stunning finds sits Destiny Haven's own The Diamond Collection range - the boutique selection of quality products handcrafted by our talented Diamonds. You will find our delightful handcrafted bags, gourmet condiments, and much more. We are very grateful for our special supporters in the Stroud community, and encourage all to stop by The Crepe Myrtle, indulge in the sensational menu, and pore over the dazzling shop. You won't be disappointed.



The Friends of Destiny Haven have been working hard on an exciting fundraising project, *Destiny Delights*, a professionally published full colour gloss cookbook. Due for release this December, this special book boasts a unique selection of many of Destiny Haven's own specialties, as well as many favourites from our community of friends and supporters. Foreword by Professor the Honourable Dame Marie Bashir AD CVO. Contact us today for your copy!



"As with Destiny Haven itself, this Destiny Haven Cookbook provides a splendid environment of life-enhancing experiences - nourishment, positive anticipation and the joy of sharing the delights of comradeship, over delicious meals with others."

- Professor the Honourable Dame Marie Bashir AD CVO



OUR WISH LIST

- * For a professional mature couple to join the team full time in 2017.
- * New pump for irrigating the veggie garden overseen by our Diamond Michelle
- * New Kitchen appliances that are commercial in nature to replace the many items that are constantly replaced because they are domestic appliances!
- * A carpenter to build us a set of customised crates to transport our jams and relishes safely in to markets and events





AROUND THE HAVEN

PROPERTY UPDATE

Destiny Haven was buzzing this earlier this year with the sound of lawn mowers, power tools, tractors and laughter as the fabulous C3 Church Victory returned for their annual working bee. There were helpers in the kitchen, major work in the garden, renovations around the centre, hard work around the property, roofing, coats of paint, and even a new shade cloth in the Diamond's courtyard - what an industrious team! We loved sharing our home with the incredible C3 Church Victory, and cannot thank them enough for their generosity of time, resource and friendship.

THE DIAMOND COLLECTION

Our Diamonds have been working hard on our increasingly popular Christmas cakes and puddings. Our beautiful puddings are made with love to a three-generation recipe with quality ingredients, cooked in the traditional coppers wrapped in calico. The deluxe Christmas Cakes are a richly moist fruit explosion offering more than the traditional sultanas, raisins, currants, cherries, including dried apricots, pears, figs, cranberries, glace pineapple and a choice of whole almonds or none. Contact us to place your orders today! See overpage.

VALLEY VIEW

Valley View, the generously gifted five star lodge maintained by Destiny Haven as part of a social enterprise, has been a tremendously valuable operation. Diamonds are take pride as they are trained to maintain the luxury retreat to an excellent standard, and to eventually be given the responsibility of overseeing their team. Dedicated team member, Charles, is currently joined by a group of supporters, overseeing some important renovations to the property.



ARTISTIC CREATIONS

In art therapy I explored the lost sense of self I experienced as a child that became catalytic in my journey through to Destiny Haven. A huge sense of loss and fear governed the way I thought and behaved. I am so grateful for the restoring journey I underwent, allowing me to reconnect with my child self and find a new sense of wholeness and identity.



Art Therapy: *Childhood Endings & Loss*, Lizzie, 2015



HAVEN FAVES

CHRISTMAS RANGE

1KG Classic Pudding

1KG Classic Pudding with almonds

500G Classic Pudding

500G Classic Pudding with almonds

1.25KG Deluxe Fruitcake

Order Today!



PLEASE PRAY

- * For the new cookbook to sell so that we can raise much needed funds to provide support and facilities for the women of Destiny Haven
- * For the Diamonds over the Christmas break that they would remember all they have learnt and return with fresh vision for their futures
- * For the team that they would all be able to have a great much needed break

DONATIONS

ACCOUNT NAME: Destiny Haven

BSB: 646 000

ACCOUNT NO.: 1000 43573

REFERENCE: Your Surname

Donations over \$2.00 are tax deductible

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DESTINY HAVEN
EMPOWERING WOMEN TO SHINE